A few words about implant planning
Accurate diagnosis and proper treatment planning are key when it comes to successful implant placement. A design that begins with the end result in mind is important as well. A well-designed case, in addition to a well-designed provisional, assists the surgeon in optimizing implant position and also allows us to start contouring the emergence profile at implant placement.

The process starts with a cone beam computed tomography (CBCT) scan and a digital impression of the patient’s existing dentition. The objective is to create two files: a DICOM file (the CBCT scan) and the intraoral scan in .STL format. We merge both scans in the Prosthetic-Driven Implant Planning module (of the CS 3D Imaging software). If edentulous spaces are present, then virtual teeth can be placed in the planning software. Using this technology, we can plan the implant position in an ideal location. We can then export the plan or the DICOM and .STL files and fabricate a surgical guide.

In addition to a guide, we can use these digital files to mill a provisional restoration, customized gingival former or healing abutment. This allows us to plan for optimum implant placement and to start esthetically contouring the gingiva during the healing phase. We can start developing the emergence profile of the restoration to mimic that of a natural tooth at the time of implant placement.

The case
A 50-year-old female presented to my office for removal of her previous endodontically treated, non-restorable mandibular right first molar.
CLINICAL CASE STUDY

The tooth was removed and a socket preservation with MinerOss Cortical Cancellous chips 0.60 – 1.25 mm and a cytoplast membrane was performed. The non-resorbable membrane was removed after one month. After four months of uneventful healing, Carestream Dental technology was used to acquire two scans: a CBCT scan with the CS 9300 and an intraoral scan with the CS 3600. Both files were merged into the Carestream Dental implant planning software.

A virtual first molar tooth was placed and a plan for the ideal implant placement was created. The DICOM and .STL files were exported to 360imaging® in Atlanta, and the lab fabricated a surgical guide and a customized gingival former.

The patient was brought into the oral surgical suite and the manufacturer’s surgical protocol was followed to place the BioHorizon Tapered Internal 4.6mm x 10.5mm implant.
An initial ISQ reading of over 68 was obtained using the Ostell machine. The customized preformed milled healing abutment was placed, which allowed for the contouring of the gingival tissues at the time of implant placement.

Dr. Silverman Bio

Dr. Silverman is in private practice limited to Oral and Maxillofacial Surgery in New City, NY and is an attending Physician at Westchester County Medical Center, Department of Oral and Maxillofacial Surgery and Nyack Hospital, Department of Dentistry. He is also a Clinical Associate Professor at New York Medical College. He lectures nationally on several different implant systems and is President of the Bi-State and Hudson River Implant Study Clubs. He is a past president of the Rockland County Dental Society and previously served on the Board of Governors of the Ninth District Dental Society.

Dr. Silverman graduated from Fairleigh Dickinson University in 1982 SummaCum Laude and received his doctorate in Dental Medicine in 1986 from Fairleigh Dickinson Jr. School of Dentistry, where he was a member of the Omicron Kappa Upsilon Honor Society. He completed his Oral and Maxillofacial Surgical residency at Westchester County Medical Center in 1989 and was Chief Resident during his final year. Dr. Silverman is currently a Diplomate of the American Board of Oral and Maxillofacial Surgery.

To learn more about Carestream Dental’s CBCT and intraoral imaging systems, go to carestreamdental.com.

© Carestream Health, 2017. 15715 DE CD CSY 0617 BioHorizons and MinerOss are registered trademarks of BioHorizons.